



The Hills School Healthy School Canteen





Everyday drinks

Water:



\$1.00

Milk:



\$2.00

Juice:



\$1.00



Everyday snacks



Fruit:



Banana

\$0.50



Apple

\$0.50



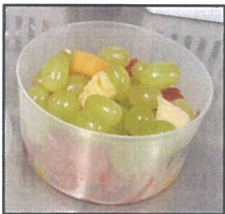
Orange

\$0.50



Mandarin

\$0.50



Fruit salad

\$2.00



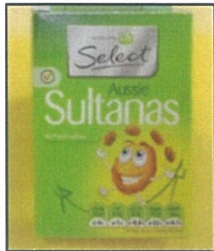
Carrot and celery sticks (8 sticks)

\$1.00



Cheesymite scroll 100g

\$2.00



Sultanas plain 40g

\$0.50



Bega cheese stick

50c



Yoghurt tub 175g

\$1.50



Dip –French onion

\$1.00



Everyday food



Salads:

Salad box



\$3.00

Salad with chicken



+



\$4.00 /\$6.00

Salad with ham



+



\$4.00 /\$6.00

Salad with Salmon



+



\$4.00 /\$6.00

Pasta:



Bolognese Twirls

\$4.00



Macaroni & Cheese

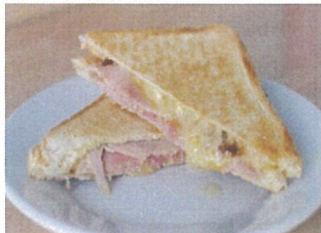
\$4.00

Toastie:



Cheese

\$2.00



Ham & Cheese

\$4.00



Cheese & Tomato

\$2.50



Ham. Cheese & Tomato

\$4.00

Sandwiches:



=



Cheese

\$2.00



+



=



Cheese & tomato \$2.50



+



=



Cheese & salad \$3.50



=



Salad

\$3.00



=



Chicken

\$3.00



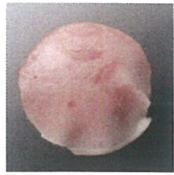
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Salad & chicken \$4.00



=



Ham

\$3.50



+



=



Ham & Cheese \$4.00



+



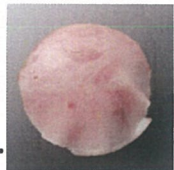
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Ham & salad \$4.00



+



+



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\$4.00



=



Salmon

\$3.50



+



=



Salmon & salad \$4.00



=



Raisin toast

\$1.50



=

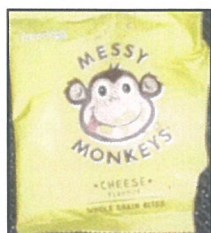


Vegemite toast

\$2.00



Occasional snacks



Messy Monkey Wholegrain bites \$1.00



Plain popcorn 50g \$0.50



Fruit puree blend \$1.50



Milo bars 21g \$1.00



Sea salt potato chips 28g \$1.00



Grain waves sour cream/chives 28g \$1.00



Parkers baked mini pretzels 25g \$1.00



Occasional hot food



Chicken burger (with lettuce & mayo)

\$4.00



Chicken burger (with salad & cheese)

\$5.00



Chicken tenders

\$1.00



Chicken tender burger

\$5.00



Cheese beef burger

\$4.00



Sausage roll

\$2.50



Hash brown

\$0.50



Beef pie

\$3.50