## Newsletter No.9



10 September 2021

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MONDAY 13 SEPTEMBER

**P&C MEETING @ 7PM VIA ZOOM** 

**TUESDAY 14 SEPTEMBER** 

**FOOTY COLOURS DAY** 

FRIDAY 17 SEPTEMBER

**LAST DAY OF TERM 3** 

MONDAY 4
OCTOBER

**PUBLIC HOLIDAY** 

#### Principal's Message:

Hello to all of our families and welcome to our Term 3 Week 9 Newsletter. What a term it has been indeed. While it has zipped past it's felt twice as long for many of us. I have been so impressed by the resilience of our families through what continues to be a very challenging time – you're all amazing.

This week we have been celebrating the national School Administration and Support Staff Recognition week. SASS week is a really important part of our school calendar. It is a reminder of the critical work that our SASS staff do for our students and teachers and provides a point to pause and recognise them for their contribution. I have learnt so much from our SASS teams over the years and continue to benefit from their expertise and professionalism. The Hills School has an exceptional group – we're genuinely incredibly fortunate to have such a brilliant team.

Plans for a staged return to school, as announced by the premier, are under way. The staggered return to school is set for 25 October assuming that vaccination rates and community infection rates are within expected limits. The Hills School is in an LGA of Concern and will need to wait until this status is lifted before we can confirm our return date. I will keep you informed as to when this changes. We are all looking forward to returning to COVID safe operations and having our kids back on site. When this happens, we'll be under a significant number of restrictions, and we'll share this with you closer to the date. In the meantime, under new requirements from Health, all staff currently needing to work on site have received at least one dose of vaccination. Moving forward, when fitting for the return to school all staff will be required to be fully vaccinated.

Livestreams have continued to be a mainstay and we hope you're enjoying our work. The staff have been having a brilliant time developing lessons and content these past few weeks. Some highlights have included the virtual athletics carnival - such fun - and our crazy hair week.

I know that I have said this before, but I wanted to sincerely thank families for sending in photos of your children engaging in learning from home in whatever way that looks. We'd love to see more of these so please send any images or messages about your child learning from home to <a href="mailto:thehills-s.school@det.nsw.edu.au">thehills-s.school@det.nsw.edu.au</a>

As always if you'd like any advice or have any questions about how schools are working through the COVID situation please take a look at: https://education.nsw.gov.au/covid-19/advice-for-families

We'll be coming up to school holidays shortly. This is perhaps not going to feel any different to the last few months. Can I encourage you to make use of the pre-recorded lesson material if that's helpful?

Stay safe.

Mark Gosbell Principal



### Learning from Home:

Our students have been busy engaging in many exciting activities learning from home and spending some time with special members of their family, their pets! We had a very special Athletics Week this week where we focused on movement activities and topped off with a virtual athletics carnival on Wednesday. Please continue to send us photos of your children learning from home and keep logging in to watch our livestream lessons.

Shanna Pereira Assistant Principal

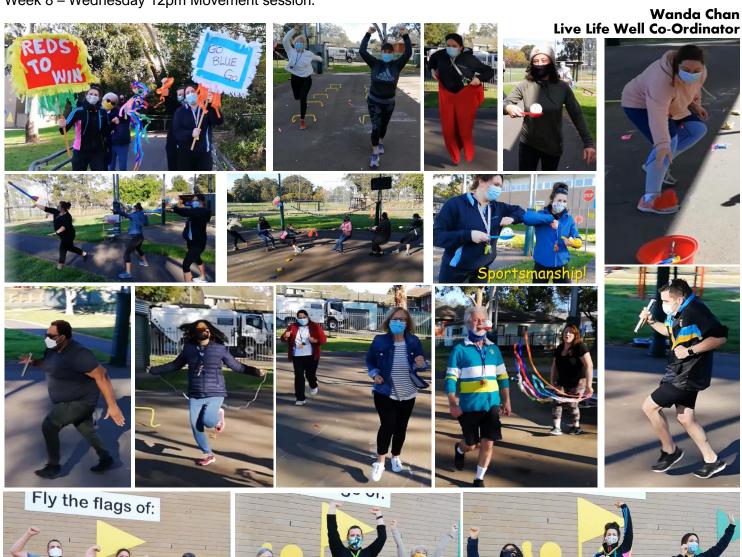
# VIRTUAL ATHLETICS CARNIVAL

The Hills School 'Virtual Athletics Carnival' kicked off on Wednesday, 1 September with a short video displaying a relay of all staff running for 10 seconds and passing on a bottle of sanitiser. It was hilarious to see the different running styles of staff.

Due to current restrictions, the majority of students are learning from home. In order to have a successful sports day, dedicated staff took part in activities and helped with filming on three mornings before school with enthusiasm. It was amazing to have some of the school community atmosphere back again.

We started off with marching, then followed by hurdles race, bean bags race, skipping race, spoon race, sack race, sprint, relay, javelin and tug of war. We finished with a medal ceremony with lots of cheers. The video was shown after a slideshow during my lesson at midday.

We received great feedback from the students, parents and staff. We all had a good laugh about the event. The 'Virtual Athletics Carnival' video is available on the school website Learning from Home Page in the timetable for Week 8 – Wednesday 12pm Movement session.



Safe

## P&C News

We would like to say a big thanks to all staff at The Hills School for their dedication throughout this time. Our children have enjoyed staying connected via Zoom; thank you for your commitment, hard work and creativity to continue such a high standard of teaching. We appreciate all that you do for our children.

We hope all families are continuing to stay safe at home and are making the most of the extra time we are at home with our families.

Our next P&C meeting will be held on Monday 13<sup>th</sup> of September at 7pm via Zoom, feel free to join.

John Scotting P&C President

**Shaun Narayan** *Treasurer* 

**Rebecca Mills**Secretary

Fight Cancer

FOOTY
OLOURS
DAY!

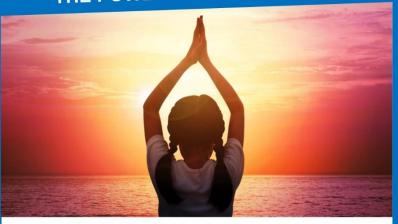
# TUESDAY 14 SEPTEMBER 2021

Help us raise money for the 'Fight Cancer Foundation' which helps children with cancer to continue their education.

Donate at: <a href="https://footy-colours-day-2021.raisely.com/thehillsschool">https://footy-colours-day-2021.raisely.com/thehillsschool</a>



## THE POWER OF MINDFULNESS



Mindfulness is the simple practice of bringing your attention to the present moment. It has been shown to help promote happiness and relieve stress in children.

#### Introduce mindfulness to your child with video story books like:

- Mop Rides the Waves of Life: www.youtube.com/watch?v=WISH-tCt1Mk
- How mindfulness empowers us: www.youtube.com/watch?v=vzKryaN44ss
  - Mindful Ozzy Introduces Mindfulness: www.youtube.com/watch?v=0k R7R1gldA



Happy Birthday
wishes go out to the following
students from all your friends
at The Hills School
Thomas H., Kavish, Viaan, Adi, Brady, Connor,
Rajveer, Eliza & Farzad

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